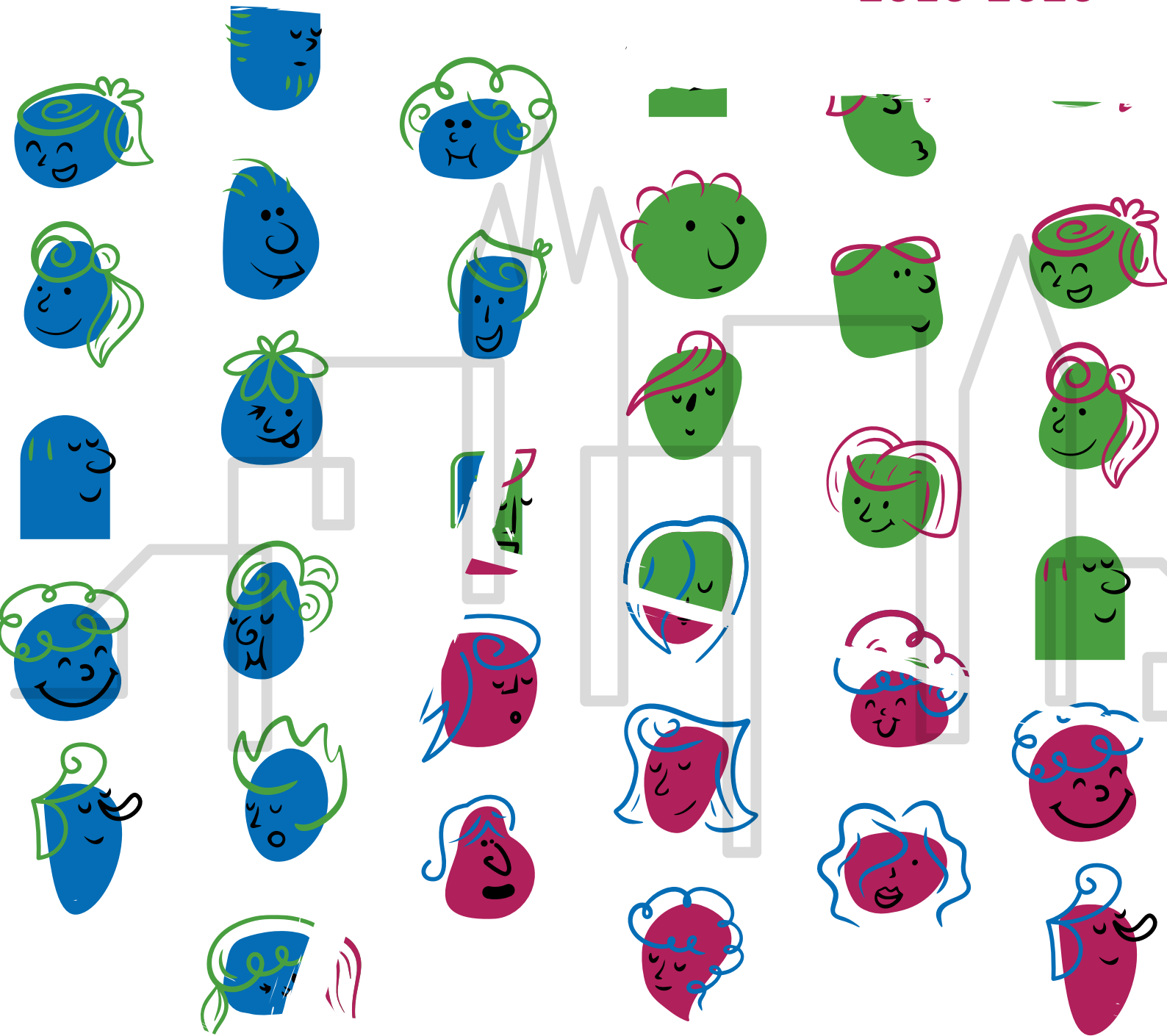


Aberdeen City's Local Outcome Improvement Plan Children and Young People's Version

2016-2026



Community Planning
Aberdeen

ABERDEEN'S LOCAL OUTCOME IMPROVEMENT PLAN



This is a guide for children and young people to understand the plan 12 organisations across Aberdeen have for services in the city.

If you want to look at the complete document, [you will find it here - Local Outcome Improvement Plan](#)

A glossary of terms used in this plan and what they mean can be found on page 14.



What have we done to create the Refreshed Plan?



We have listened to what people across Aberdeen, including children and their families, told us about our work to check that we have focused on changing the right things.



We have based our plan on data and what professionals and people have told us what is important.



Community Planning Aberdeen Board, is the name of Group who are responsible for making sure we stick to this Plan and we will review our progress every year to make sure we are doing everything we need to for all people of Aberdeen.



Who are Community Planning Aberdeen?



Community Planning Aberdeen is made up of people from organisations and services that support people across Aberdeen.

Members of the Community Planning Aberdeen Board include people from Aberdeen City Council, NHS Grampian, Aberdeen Health and Social Care Partnership, Police Scotland, Scottish Fire and Rescue, North East College, Third Sector. Our logos are below:



The Community Planning Aberdeen Board holds the responsibility to:



Make sure that all people in Aberdeen can realise their full potential



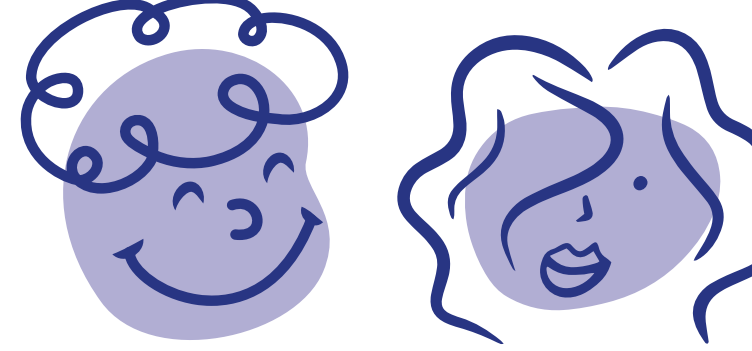
Put into action the local outcome improvement plan – our priorities for improving Aberdeen – we have 16 priorities for how we are proposing to do this. They cover four themes: Economy, People, Place and Community Empowerment with 97 projects identified to help achieve our priorities.



Make sure services work together for the benefit of all people in Aberdeen



Our top 16 priorities in the plan



The Plan says that Community Planning Aberdeen want to do 16 things. They want to:

| Economy | People | Place | Community Empowerment |
|--|--|---|--|
| <ol style="list-style-type: none"> 1. Make sure that people feel they have enough to eat and can heat their homes 2. Help more people to find jobs | <ol style="list-style-type: none"> 3. Make sure babies and children (0-5 years) have the best start in life 4. Improve Child Mental Health 5. Support Care Experienced Young People 6. Ensure Positive Destinations for all Young People 7. Reduce Youth Offending 8. Support children and young people with Additional Support Needs 9. Reduce Adults Re-offending 10. Improve Healthy Life Expectancy 11. Reduce Alcohol and Drug Deaths 12. Reduce Homelessness | <ol style="list-style-type: none"> 12. Tackle Climate Change 13. Increase walking and cycle and reduce car use 14. Improve the Built and Natural Environment | <ol style="list-style-type: none"> 16. Increase Community Empowerment |

Our Economy



There are two priorities in the economy section of the LOIP, with 13 projects. The intent behind them is to reduce the number of people experiencing poverty and to support employment opportunities for all people in Aberdeen.

Priority 1: Make sure people feel they have enough to eat and can heat their homes

Why are Community Planning Aberdeen concerned about this?

More and more families find it hard to pay for bills, heat their houses and pay for their shopping. We want to support families to reduce their bills and increase the money they have.

What are we going to do?

We are going to:

- Make sure that all families can get the money that is available to them
- Help people spend less on their heating bills
- Support people to be able to pay their heating bills
- Make sure homeless people get support and access to money support
- Make sure people have access food



Priority 2: Help more people to find jobs

Why are Community Planning Aberdeen concerned about this?

There is a bigger number of people who don't currently have a job in Aberdeen than there were before COVID-19 and we want to make sure we do the best we can to help them find a job.

What are we going to do?

We are going to:

- Help people to start their own business
- Help young parents to get a job
- Teach people to use computers for their work
- Make sure people get paid enough to pay their bills
- Support people to get good quality jobs



Our Children and Young People



This section of the LOIP is all about making sure that every child and young person in Aberdeen can achieve your goals. In total, there are six priorities for children and young people, with 32 projects.

Priority 3: Make sure babies and children between 0-5 years old have the best start in life possible

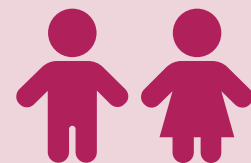
Why are the Community Planning Aberdeen concerned about this?

All children have a right to life, good food and the right to grow up healthy. We know that these early years are really important in making sure a child is healthy and has good relationships when they grow up.

What are we going to do?

We are going to:

- Make sure families have access to food and money to provide what children need
- Offer help to children and their families earlier to stop small problems from becoming big ones
- Make sure babies and children have their health needs regularly checked and met
- Increase the number of 2 year olds being brought to Early Learning and Childcare services



Priority 4: Improve the mental health and wellbeing of children and families

Why are Community Planning Aberdeen concerned about this?

Every child has the right to the best possible health. We want all children to grow up healthy, loved and respected so they can achieve their full potential.

What are we going to do?

We are going to:

- Make sure that mental health support is easy to access when children and young people need it
- Provide more opportunities for children and young people to feel confident and good about themselves
- Help parents to have their health needs met so that they can do the same for their children
- Support children and young people to try activities where they live



Priority 5: Children and young people with care experience have the same levels of education, health and emotional wellbeing and opportunities as their peers

Why are Community Planning Aberdeen concerned about this?

Every child has the right to protection, participation, and development. As Corporate Parents we want the same outcomes for our children and young people with care experience as any good parent would want for their own children. We want to improve the futures of our children and young people and ensure they have the love, security and chances every child should have.

What are we going to do?

We are going to:

- Make sure we listen to the voice of children and young people, meaningfully involve them in decision-making and respond to what they tell us they want and need
- Support children and young people to do well in school and have positive options for when they leave school
- Make sure children and young people with care experience have their health needs regularly checked and met
- Do more to support families to stay together and where that's not possible or safe to do we want to keep children and young people in their family networks or with carers closer to home to maintain connections with the people and things that matter to them.



Priority 6: Improve how well our children and young people do in school and that they have positive options for when they leave school

Why are Community Planning Aberdeen concerned about this?

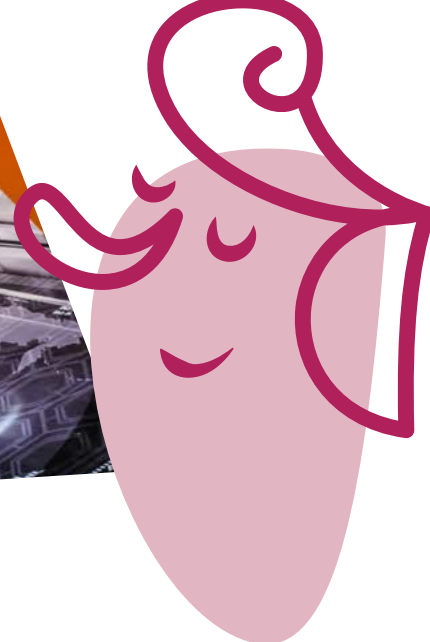
Every child has the right to an education and schools play a key role in supporting families in their communities, providing important places, opportunities and relationships for children and young people. We value the educational progress of all of our children and young people.

What are we going to do?

We are going to:

- Prepare our children and young people for life after school and support them to get into work or higher education opportunities
- Support those working with children and young people to prevent, identify and respond to harm to keep children and young people safe
- Make sure that children, young people and their families know where to get help when they need it





Priority 7: Reduce the number of young people coming into conflict with the law

Why are Community Planning Aberdeen concerned about this?

Children who come into conflict with the law have the right to be treated with respect and in a way that takes into account of their age. We know our children and young people with care experience are more likely to get into conflict with the law than their peers. We want to have a better, rights-based approach to youth justice.

What are we going to do?

We are going to:

- Reduce the number of young people coming into Court
- Develop a wide range of options for supporting young people in conflict with the law
- Support families and not just individual young people
- Create more opportunities for young people where they live



Priority 8: Increase the number of children and young people with additional support needs or a disability who leave school and go on to college/university, employment, training, personal skills development, or voluntary work

Why are Community Planning Aberdeen concerned about this?

Every child has a right to an education and to be treated with respect. We want to make sure that all of our children and young people are protected from harm and have access to support and opportunities that help them thrive.

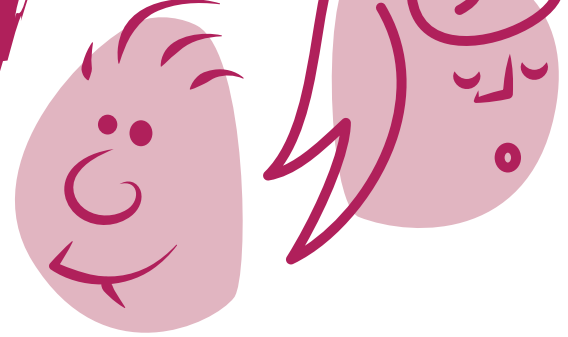
What are we going to do?

We are going to:

- Plan earlier for young people who require support into adulthood to avoid any gaps or difficulty when they leave school
- Reduce the number of children and young people with additional support needs and/or a disability not accessing full time education
- Support every child and young person's communication needs when we are working to keep them safe
- Make sure that children, young people, and their families know where to get help when they need it



Our Adults



This section of the LOIP is all about making sure that every adult in Aberdeen can live a healthy life. In total, there are four priorities, with 34 projects to help us achieve them.

Priority 9: Reduce the number of adults who re-offend and support them to not do this again.

Why are Community Planning Aberdeen concerned about this?

People who come into conflict with the law often have a number of needs that require support. Many may have had a difficult time as a child, live in poverty or have had negative experiences. We want to make sure that people who have offended are supported with their various needs and do not re-offend.

What are we going to do?

We are going to:

- Support those leaving prison to get back into work and find a place to live
- Provide ways for vulnerable people to have their needs identified when they come into police custody
- Making sure that people feel more confident in seeing and acting on signs of violence at home and in the community
- Reducing crime in our communities to make people feel safe



Priority 10: Improve the health of people in Aberdeen so that they can live longer lives

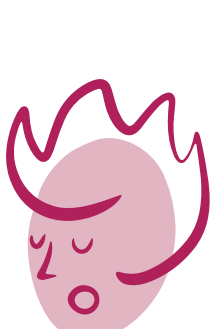
Why are Community Planning Aberdeen concerned about this?

Everybody should have the opportunity to live a long and healthy life. We want to make sure that all people have best possible support for and access to services that mental and physical health needs.

What are we going to do?

We are going to:

- Help families to make health eating and exercise choices
- Support people who have mental health needs to feel better
- Working with people quit vaping and smoking
- Make sure that people have access to health support



Priority 11: Reduce the number of people who die from drug or alcohol use

Why are Community Planning Aberdeen concerned about this?

The number of deaths from drugs and alcohol in Scotland remains high, we want to make sure those at risk in Aberdeen are well supported to stop using them.

What are we going to do?

We are going to:

- Work with children and young people who take or who are at risk of taking drugs, to help them stop at the earliest possible time
- Provide support to people to reduce their drug and alcohol use
- Continue to keep in touch with those we have helped to support them not to start using drugs and alcohol again
- Reduce the number of pregnant women who drink alcohol



Priority 12: Reducing anyone in Aberdeen from being or becoming homeless

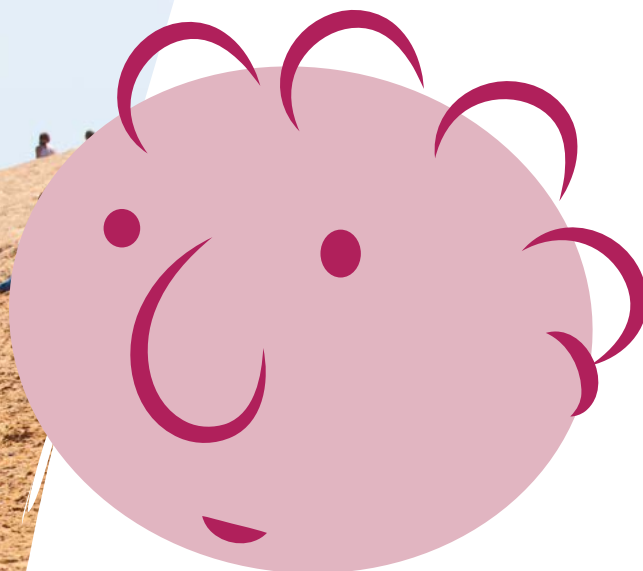
Why are Community Planning Aberdeen concerned about this?

Everybody should be able to have a place to call home, no one should have to live on the street. People can become homeless for many reasons, and once they become homeless it can be a very hard situation to get out of. We want to help those who have become homeless or at risk of being homeless.

What are we going to do?

We are going to:

- Reduce the number of young people who don't have a home
- Help people to keep their home
- Increase the number of houses available to people at risk of homelessness
- Ensure that people with experience of homelessness are informing our decisions on ending homelessness



Our Place



The section in the LOIP is about how we can improve the place of Aberdeen. The quality of the place we live in can impact how people can live healthy lives. There are three priorities in this section and they focus on reducing carbon emissions in the city, increasing the number of people walking and cycling and having well cared for buildings and open space, with 12 projects to achieve this.

Priority 13: Tackling climate change by reducing the pollution levels we are creating in Aberdeen

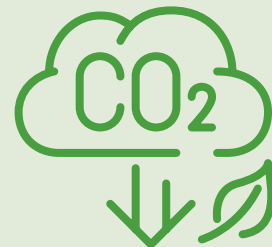
Why are Community Planning Aberdeen concerned about this?

We need to make sure we do our bit to improve the environment for our children and their children. In each community we need to work together to recycle, make less pollution and keep our outdoors, nice places to use.

What are we going to do?

We are going to:

- Work with places like schools, hospitals, museums and libraries to help them find ways to reduce the amount of pollution they make
- Help families to reduce the amount of rubbish they make
- Help families increase the recycling they do
- Make sure that communities have a plan in case they are affected by very bad weather



Priority 14: Increasing walking and cycling and reducing the amount of travelling people do by car

Why are Community Planning Aberdeen concerned about this?

We use so many cars that it is one of the biggest reasons for pollution in our environment. To tackle we this we want to encourage people to use cleaner ways to travel.

What are we going to do?

We are going to:

- Make it easier for people to walk or cycle to places they need to go
- Help people to use their cars less
- Encourage people to take the bus



Priority 15: Making sure our outdoor spaces like parks, gardens, playing fields woods, streets and buildings are well cared for

Why are Community Planning Aberdeen concerned about this?

Spending time outdoors is really important for mental and physical wellbeing. It is also a really important way we can make sure our environment stays clean, without pollution for years to come.

What are we going to do?

We are going to:

- Make sure people are happy with the outdoor spaces in the city
- Work with companies and services to give some of their land for nature
- Help support people in the community to improve outdoor spaces in their neighbourhood
- Supporting people to do more outdoor activities



Having Your Say



The section in the LOIP is about how we can empower everyone to get participate and have their say. The priority focuses on increasing the number of people who are sharing their view and informing the decisions that affect them, with 6 projects to achieve this.

Priority 16: Making sure everyone in Aberdeen, including children and young people can be involved in decisions that affect them

Why are Community Planning Aberdeen concerned about this?

We want to make sure that everyone has a chance to have their say on anything that we do that will affect them. To make sure that anyone can be involved in our LOIP projects our plan. And that they feel that they are involved.

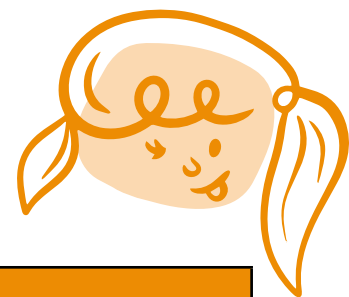
What are we going to do?

We are going to:

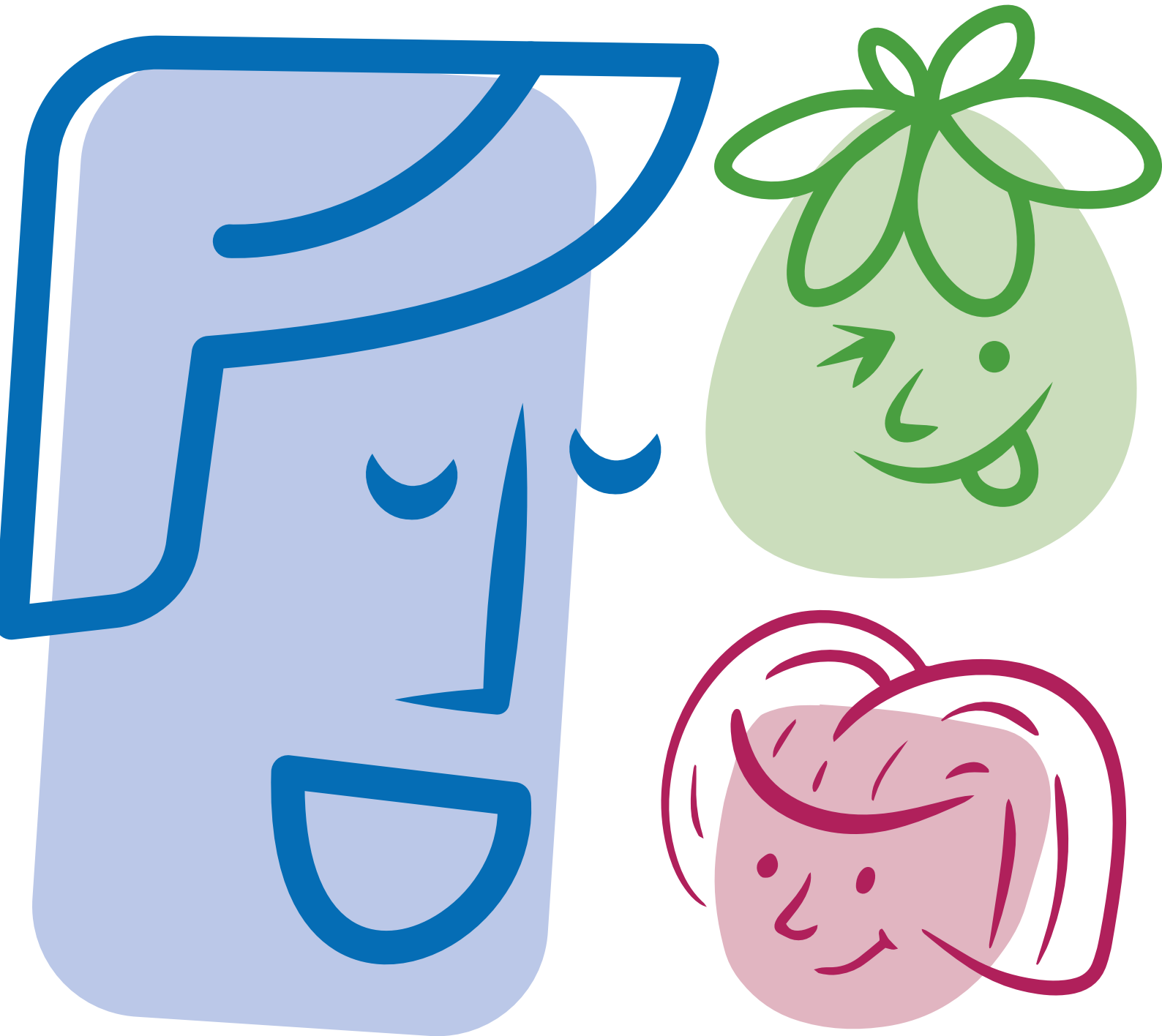
- Make sure that children any young people have a say in every decision that will affect them
- Support people in our community to be involved in our projects
- Give local communities more say in how money is spent on them
- Celebrate our communities



Glossary of Terms



| Term | Meaning |
|---|---|
| Community Planning Partnership | Community Planning Aberdeen is the name for your local partnership of public, private and third sector organisations and communities all working together to improve people's lives across Aberdeen City. |
| Care Experience | <p>'Child/ Young person/ Person with Care Experience' is the preferred terminology identified by those with experience of the care system as it is inclusive of those who may no longer be 'looked after' but still require our scaffold of support to thrive.</p> <p>This term includes those currently looked after and those who have been looked after at any time in their life, no matter how short, including adopted children who were previously looked after.</p> |
| Getting It Right For Every Child | The Getting it right for every child approach, also known as GIRFEC, supports children and young people so that they can grow up with all the help they and their families need. |
| Independent Care Review | The Care Review heard that Scotland needs to change how it cares for children. |
| Law | A set of rules telling people what to do or not to do. If they do not follow these rules, they can be punished. |
| Local Outcome Improvement Plan | Community Planning Aberdeen's plan for improvement across the city. |
| Participation | Children and young people have the right to say how they feel, be listened to and taken seriously. |
| The Promise | The Promise to care experienced children and young people, from the care review, is that they will grow up loved, safe and respected. A child-friendly version of The Promise is available here. |
| Strategy | A plan. |
| Wellbeing | Being comfortable, healthy, or happy. |



FOR FURTHER INFORMATION CONTACT:
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